

# Mat-Su Monitor

MARCH 2019

VOLUME 42 NUMBER 3

## CRAM JAMS

March 23 &amp; April 27

10:30 - 2:00

Snodgrass Hall

### READER INVOLVEMENT REQUIRED!

Hi folks! This issue's installment of READER INVOLVEMENT REQUIRED is related to the Valentine's Day. (for those of you who don't believe that it is a holiday made up by Hallmark and needing no notice whatsoever) We here at the Monitor would like to know about your **Worst Date Ever**. Was it a tragic stand up? Did your date bring along their mom?

For reader responses to last issue's question: What was your crazy drive to Anchorage like?

See **READERS'** on page 10

### Lost and Found now housed at the library

Missing your ...

Keys?

Phone?

Jacket?

Headphones?

Flash drive?

Other item?

Just ask at the library desk -- your item might have been found!

## Fee Changes at Mat-Su College

By Shane O'Quinn

There have been recent talks concerning the current system for fees being calculated within the university system. Originally, fees like the "student activity fee" and the "student government fee" were calculated by percentage rate. However, UAA is switching to a dollar based amount as opposed to percent-

ages. As a result of this, Mat-Su College has been asked to do the same, by switching to a dollar amount for calculating fees instead of percentages.

At this moment in time, the transition is still an ongoing process, and has not yet been approved (February 13, 2019). The MSC student government is discussing these changes dur-

ing their weekly meetings. Student Government meets every Wednesday from 12- 12:50 p.m. upstairs in the library room 214. All students are welcome. If you have any questions, feel free to attend one of the meetings or contact one of the MSC student government staff. Student Government office is located in JKB 114, next to the cafeteria.



Liquid Blue live at the Glenn Massay Theater



Mat-Su College Students enjoy Open Mic Night

**Liquid Blue comes to Alaska:** popular touring band Liquid Blue played the Glenn Massay Theater on February 22nd. This concert was paid for by the student activity fee. The concert was preceded by a "Spring Social" with an open mic and free (soft) drinks. See our next issue for full coverage.

## Anchorage celebrates Folk Music

By Rickard Chuggs

If you didn't get a chance to drive in to Anchorage to experience the Folk Week Festival, I was there and can share some of my highlights with you. If you're not familiar with the Anchorage Folk Festival, it

is a community-driven music festival that showcases various types of music within the Folk Music Genre. It is a weeklong celebration of music at various smaller venues, with more intimate shows.

Some of this years headliners included Taylor Smith; the Roaming Jasmine, a New Orleans band; and Dan Tyminski, the voice behind George Clooney in *O Brother, Where*

See **FOLK MUSIC** page 11

### Students get your Résumé ready!

2019 MAT-SU EMPLOYER EXPO

March 13th  
10 am - 3 pm

Mat-Su College Dr.  
8295 E College Drive

Need help with your Résumé?

Contact Student Services to schedule your free appointment, 907-745-9746.

Mat-Su College  
UNIVERSITY of ALASKA ANCHORAGE

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matsu\_monitor

## Upcoming events:

**February 25:** Fall 2019 schedule available on UAOnline.

**March 1:** Math Department annual needs drive for My House Look for collection bins around campus.

**March 4:** Showing of the film Sylvia (Journey event). 4 PM. Glenn Massay Theater.

**March 13:** Career Expo 2019 job fair. 10 AM. Campus-wide. Open to the public.

**March 11-16:** Spring Break. No classes.

**March 15 and 16:** Campus closed.

**March 23:** Math Department Cram Jam. 10:30 AM. Snodgrass Hall.

**March 27:** Equinox Film Festival (Journey event). 5 PM. Glenn Massay Theater.

**March 29:** Spring withdrawal deadline.

**April 5:** Deadline to apply to be listed in Spring graduation program.

**April 10:** Pie Day!

**April 19:** Student Showcase. JKB 124.

**April 27:** Math Department Cram Jam. 10:30 AM. Snodgrass Hall.

*Note: not all Journey events have been listed. Go to page 6 or <https://matsu.alaska.edu/journey> for more information.*

## Club meetings:

**Alaska Native Cultures**

**Club:** Mondays, 11:50-12:50 FSM 201.

**MSC Recyclers**

**Community Club:** 12-12:50, FSM 204. Contact Jack Rogers II at jackrogers29@yahoo.com or 232-9039.

**Mat-Su Monitor:**

Wednesdays 3:15-4:15

Thursdays, 12:00 - 12:50

Library room 214.



Get involved with your  
**STUDENT GOVERNMENT**  
Meetings Wednesday  
12:00 - 12:50 OLB 214

# MEET THE STAFF OF THE MAT-SU MONITOR

Shane O’Quinn

I like piña coladas and getting caught in the rain... All jokes aside, I really do like piña coladas, and I do like being in the rain. I like doing anything from having conversations about modern issues, to old music, world history, and the future of humanity. Some of my favorite past-times are hiking, hunting, camping, going to the shooting range, and watching science fiction movies and shows (preferably all with friends). If you are interested in any of those things, we probably have a lot to talk about.



Rachelle LaRue

Rachelle was born and bred in “X-tra Tuf country” where X-tra Tufs aren’t just a basic necessity, they are a fashion staple. Too bad it doesn’t rain here—she moved to the Mat-Su Valley three years ago from Juneau, AK and just recently got married (name change on the way!). Rachelle has two kids who you might see wreaking havoc at some point on campus. She has more knowledge about Disney movies, Power Rangers, and Spider-Man than she knows what to do with; she has a feeling that this is only the beginning. Hobbies include: reading (when



she has the time), baking, and spending time with her family.

Jewel Burgstahler

Jewel is excited to graduate with her BA in English in May 2019, so that she can move on to a degree in History and International Studies (she thinks she can handle a double major, anyway). A



future auctioneer and/ trying to put off joining or English as a Second the “real world” for as Language teacher, she’s long as possible.



FROM  
THE  
ART  
GALLERY



## MAT-SU MONITOR STAFF

- Editors
- Jewel Burgstahler  
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- Feature Writers
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Jason Dunham  
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Rachelle LaRue  
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- Photographer
- Position Available
- Contributing Writers
- Adelina Rodriguez
- Layout Artist / Staff Advisor
- Audrey Badger
- Faculty Advisor
- Micah Muer

The *Mat-Su Monitor* is the student newspaper of Mat-Su College. The *Monitor* aims to report college news and serve as a forum for student writing. The *Monitor* seeks submissions of news, editorials, and short fiction from all students, staff, and faculty of Mat-Su College. All students are invited to attend the *Monitor’s* weekly meetings. Details on participating in or submitting content to the *Monitor* can be found at <https://matsu.alaska.edu/monitor>.

The Mat-Su Monitor is funded by the Mat-Su College Student Government Association and our advertisers. For information on advertising in the *Monitor* contact Micah Muer at [mwmuer@alaska.edu](mailto:mwmuer@alaska.edu) or 907-745-9758.

The opinions expressed the *Monitor* article are solely those of its authors. They do not necessarily reflect the opinions or policy of the college, its students and employees, or the wider University of Alaska system.

## Business owners!

The Mat-Su Monitor is a great place to advertise your business or event. The Monitor has a wide circulation, with thousands of copies inserted in the *Frontiersman* and distributed throughout the Valley. We also have low rates:

| Ad Size         | Cost  |
|-----------------|-------|
| 3" by 3"        | \$75  |
| 5" by 5"        | \$125 |
| 7" by 7"        | \$175 |
| Full page       | \$300 |
| Full page, back | \$375 |

Moreover, the Monitor runs relatively few ads, which ensures that your ad will stand out. Finally, advertising in the Monitor demonstrates your support for local students. For more on advertising, call **745-9758**.



## Congratulations to our Fall 2018 Dean's List and Chancellor's List students!

*To be named to the Dean's List or Chancellor's List, a student must have completed 12 or more credits. Students on the Dean's List earned a GPA of 3.5 or higher, while students on the Chancellor's List earned a GPA of 4.0.*

### Chancellor's List

Joel Allen  
Rebekkah Alley  
Tanya Amirault  
Guian Carlo Anselmo  
Gunner Armstrong  
Rebekah Bailey  
Brenna Bellah  
Autumn Boyter  
Thomas Brown  
Joshua Bywaters  
Parker Caldwell  
Misty Caulkins  
Moriah Chambers  
Makai Chapman  
Ecem Collins  
Cody Coonjohn  
Christine Cox  
Melissa Crane  
Amber Curry  
Anna Daniels  
Brian Desmond  
Emily DiPaolo  
Edward Eagerton  
Halley Erickson  
Jennifer Fields  
Ashley Gibbs  
Dawn Gonzalez  
Tessa Gottlob  
Tiffani Gutierrez  
David Harding  
Krisgerry Heckel  
Ben Henderson  
Hayden Hetzel  
Kenneth Hoffman  
Nikki Hunter  
Edward Huseman  
Anastasia Jasper  
Kassidy Kaiser  
Wyatt Kennedy  
Merrily Kincaid  
Christopher Kircher  
Briday Knittle  
Robert Lander  
Samantha Lasselle  
Laura Lemons

Elisa Leuenberger  
Alexander Litvinchuk  
Tabitha Lorentzen  
John Losier  
Gregory Lytle  
Angela Malafronti  
Emily Manthey  
Rhonda Miller  
Cody Milner  
Vallary Mongar  
Derrick Myree  
Gregory Naatz  
Andrew Natekin  
Katherine Nelson  
Cassidi O'Brien  
Zachary Oshesky  
Rio Morgan Patrimonio Raval  
Ashley Phillips  
Amanda Pugh  
Rhiana Reints  
Noah Richards  
Autumn Richardson  
Andrew Rondeau  
Megan Rossing  
Rebecca Rossing  
Taylor Ryan  
Neale Sheneman  
Manveer Singh  
Kimberly Sliwa  
Lydia Smith  
Timothy Smith  
Rebecca Standal  
Kirstie Starr-Watson  
Codi Stephenson  
Tessa Sterner  
Riley Stewman  
Anna Stout  
Erica Sullivan  
Hunter Sullivan  
Rilee Sullivan  
Christina Traeger  
William Tucker  
Serita Unin  
Annie Wang  
Morgan Watson  
Destiny Wells  
Nigel West  
Haley Wik  
Josi Zugg

### Dean's List

Ryan Ackles  
Benjamin Almeida  
Keith Averre Jr.  
Deiniol Avery Ballais

Willman Barahona  
Nicholas Beckage  
Steven Bilafer  
Jessica Brevard  
Blake Brezinsky  
Grace Britton  
John Brooks  
Taylor Buettner  
Matthew Busby-Smith  
Amy Cahalane  
Guillermo Castillo  
Stephen Chester  
Lindsey Cizek  
Amanda Collins  
Sabrina Coombs  
Daniel Coombs Jr.  
Willie Copeland III  
Nathan Cottee  
Logan Curtiss  
Heather Deadmond  
Joaquin DeLeon  
Mary Delkettie  
McKenna Dinkel  
Rene Eliste  
Caleb Engst  
Isabella Fajardo  
Ema Fiedler  
Levi Folk  
Evnica Fursova  
Kailey Gates  
Kaylee Gifford  
Jonathan Gonzalez  
John Gregory  
David Haines  
Samuel Haney  
Justin Harris  
Jacob Harrison  
Krisgerlene Heckel  
Harrison Helton  
Rose Hendrickson  
Nathaniel Henney  
Andrea Hervey  
Jayden Hodgson  
Wyatt Hoy  
Jerimiah Johnson  
Shoshanna Johnson  
Kadi Judd  
Kamerin Karp  
Star Khan  
Paige Kindhart  
Amanda King  
Karissa Knagin  
John Knutson  
Jewelean Lelle  
Jacqueline Libby  
Janelle Liermann

Marcus Lupie  
William Lyman  
Lydia Lyons  
Katherine McCall  
Conner McIntire  
John McIntosh II  
Autumn Merrill  
Maverick Merrill  
Cassandra Moeller  
Abner Montanez Jr.  
Kathryn Mulder  
William Munro  
Ruth Myrvold  
Quinn Nardini  
Danya Nicketa  
Ethan O'Brien  
Micaiah Offord  
Shane O'Quinn  
Danielle Owens  
Avery Parker  
Garrick Pedersen  
Jordan Phothiboupha  
Madisyn Reem  
Raul Reutov  
Won Ro  
Renee Romer  
Emily Rushing  
George Sawyer  
Tetiana Sazhnieva  
Hannah Schaefer  
Joseph Schaub  
Raymond Scherer  
Kenneth Scheuner  
Aaron Seif  
Olivia Siegel  
Mykel Siegrist  
Savanna Simmerman  
Coby Smith  
Mckenna Smith  
Heather Solomon  
Carmen Soto  
Jenelle Spear  
Ethan Stoker  
Engen Sundberg  
Brittany Sutter  
Natasha Talvi  
Joshua Taylor  
Windy Thorn  
Hillary Tschappat-Larson  
Eric Waite  
Natalie Waterhouse  
Keziah Whipple  
Trent White  
Kaylee Wills

## NOW HIRING

By Adelina Rodríguez

The Mat-Su Job Center is hosting their annual **Employer Expo**, also known as a job or career fair, on March 13, from 10 am to 3 pm, at Mat-Su College (MSC). The event is designed to connect local and statewide employers with the talented employment pool of students from Mat-Su College and throughout the valley.

**Who should Attend?**

There is a misconception that only students who are about to graduate should attend. All students, despite their educational level, can benefit and learn about employment opportunities and internships, and begin networking with employers in their field of interest. Moreover, students can learn about the education and desired skills employers are looking for, to adequately prepare

and be successful. Follow the guidelines below and utilize your free resources on campus, including the Library and your Career Development Office.

**Create your Résumé**

Before the event, create or update your résumé and have your MSC Career Development Advisor proofread and check for errors. Have copies of your résumé available with an electronic version to print additional pages if necessary. Mat-Su College will offer multiple résumé-writing workshops to assist students in preparing for this event throughout the month of February. Contact the Career Development Office at 907-746-9319 to learn available dates and times.

Maximize  
your  
employment  
opportunities by  
attending the Mat-  
Su Job Center  
**Employer  
Expo.**

**Dress Professionally**

It is important to dress professionally for a job fair, as it is with an interview.

This is an opportunity to make a first impression, so make sure everything fits properly (nothing tight or revealing), clothing is wrinkle free, and jewelry is limited. Wear comfortable, dressy shoes, as you might be on your feet for several hours.

**Prepare your Introduction**

Prepare and practice your introduction, which includes your full name, career goals, strengths, and relevant experiences. Approach the recruiter with confidence, a firm handshake, and a smile. If you are typically shy or easily

get nervous, schedule an appointment with the MSC Career Development Advisor to practice and get comfortable.

**Questions for employers**

Be prepared with some thoughtful questions for the employers. Again, this is a learning and networking opportunity. The more time you spend with an employer is more of a chance to leave an impression and any future employment contacts, when you are ready to apply. If you need assistance in preparing some questions, schedule an appointment with your Career Development office.

Maximize your employment opportunities by attending the Mat-Su Job Center **Employer Expo**. Also, be sure to take advantage of the free resources provided by your Career Development Office.

Mat-Su Job Center presents ...

# 2019 Mat-Su Employer Expo!

**JOB SEEKERS**

- More than 100 companies are expected at this year's 2019 Employer Expo.
- Interact with employers hiring for entry-level, technical, professional, and seasonal positions.
- Speak with University, Vocational Tech School, Apprenticeship, and Union Representatives.
- Arrive early, be enthusiastic, ask questions, show initiative, collect business cards, network with others, and take notes.
- Come dressed for success, bring plenty of resumes, have your 30 second pitch ready, and put your best foot forward!
- **Be fully prepared!!**  
Visit your Mat-Su Job Center early and often for assistive workshops, career counseling, typing assessments, use of computer/copier resources, and so much more...

NOTE: all Job Center services are at no cost to you.

**Jobs**  
ALASKA DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT  
A proud partner of the americanjobcenter network  
We are an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

**10 a.m. to 3 p.m.**  
**Wednesday, March 13, 2019**  
Mat-Su College, 8295 E College Drive, Palmer  
Contact the Mat-Su Job Center for more information @ 352-2500

Pacific Rim Conference on English Studies

## REFRAMING COLONIALISM

### CONSIDERING LANGUAGES, CULTURES, AND IDENTITIES

APRIL 19<sup>th</sup> - 20<sup>th</sup>, 2019  
ANCHORAGE, ALASKA  
UAA CAMPUS  
ADMIN. & HUMANITIES BLDG.  
3211 PROVIDENCE DR. 99508

Thank you to the Elizabeth Tower Endowment for Canadian Studies for supporting Dr. Alanna Frost's keynote.

UAA UNIVERSITY of ALASKA ANCHORAGE  
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## The Disney College Program

By Heather Deadmond

Most people experience Walt Disney World from one side -- "On Stage." You might walk down Main Street USA and see the majestic Cinderella Castle sparkling in the near distance. You might meet Princess Aurora in her enchanted garden in the France Pavilion in EPCOT, or fly through the galaxy with C-3PO aboard Star Tours. All of this magic can only be seen from the front

for guests. This was how I had experienced Walt Disney World until Fall of 2017, when I began the internship of a lifetime: The Disney College Program.

In essence, the Disney College Program (otherwise referred to as the DCP) is a 4 to 7 month internship working at either Disneyland in Anaheim, California, or Walt Disney World in Orlando, Florida. If accepted, you are what's called a "Cast Member" and you

may be accepted for a variety of "roles", such as Attractions (operating the rides and shows), Character Attendant (facilitating character meet-and-greets and keeping characters on schedule), among many others. As a Cast Member with a role, you play a part in "the greatest show" that Disney puts on every day for their guests.

As with all who apply to the DCP, my journey began with a simple application.

These applications open the semester before you might go, and they last for several months. I applied in January of 2017 for the Fall semester of the same year.

The initial application consists of work history and basic information. If the recruitment team sees that your application has promise, you will then be invited to complete a Web Based Interview (or WBI, in DCP lingo). You have three days

See DISNEY page 11



# Dragons' Breath

By Miles Gibson

In this first installment of what we hope will be a regular feature, one of our intrepid reporters went around campus to interview random students. He got their take on what was, at the time, a highly relevant question: What is your New Year's resolution? Check out the Monitor next month for our next question.



**Idaho**  
**New Year's resolutions:**

The main resolution I had was to try to focus more on school and let distractions slip into the background. Try not to procrastinate as much as I have in the last three years. Try to stay in contact with friends, friends I haven't talked to in a while. Keeping connections that will be lost when I graduate high school and move to college.

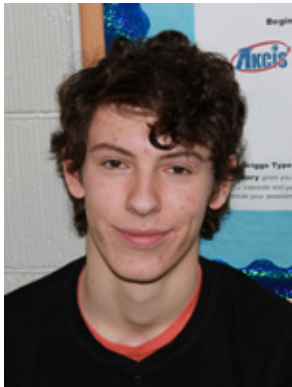
**How's it going:**

So far it's been going really well! Procrastinating is a tough fight -- it's a day to day as always.



**Brandy**  
**New Year's resolutions:**

None. I feel like people put themselves up to a standard and, when they don't do it, they feel like they failed.



**Hayden**  
**New Year's resolutions:**

None. It just didn't come to mind to do it.



**Brydan**  
**New Year's resolutions:**

Try and get things done with my grandmother's estate in Talkeetna quicker.

**How's it going:**

Going all right -- forty years of hoarding getting cleaned out.



**Zoey**  
**New Year's resolutions:**

I made it a point not to make any. I feel like making a resolution is an excuse not to do it the rest of the time. I want to do really well and be really health and do all these great things 100% of the time, not just because it is a new year.



**Ekatrina**  
**New Year's resolutions:**

Start working out. Do a little cleanse -- like a social media cleanse. And prioritize.

**How's it going:**

Surprisingly, pretty well! I'm actually doing pretty good.



**Summer**  
**New Year's resolutions:**

I didn't make any. I feel like my life doesn't really go in years, I feel like it's more different seasons. I don't make them because I never feel like I keep them. I make goals throughout the year as I feel I need them.

mtasolutions.com  
facebook.com/MTASolutionsAK

TRAILBLAZING  
TECHNOLOGY IN THE  
MAT-SU VALLEY

907-745-3211

FACEBOOK.COM/MTASOLUTIONSAK

We Weren't Just Born Here: We Are Here

## Smoked Copper River Sockeye Salmon Fettuccine Alfredo

By Rachelle LaRue



### Ingredients

- 12 oz fettuccine pasta
- 2 Cups heavy cream
- 3 Tablespoons unsalted butter
- 1 Teaspoon fresh lemon juice
- 2 cloves of fresh garlic
- ½ Cup grated Parmesiano-Reggiano cheese \*OR grated Parmesan Cheese
- 6 oz fillet smoked salmon
- \*OR 6.5 oz jarred smoked Copper River Sockeye Salmon
- Salt and Pepper to taste

### Directions

Bring a large pot of salted water to boil. Add the fettuccine and cook according to directions.

Meanwhile, in a large, heavy skillet,

bring 1 ½ cups of cream and butter to a simmer. Cook over medium heat, stirring occasionally, just until the butter melts (about 3 minutes). Add the minced garlic, salt and pepper.

Add the Parmesiano-Reggiano and stir until sauce is silky and just thick enough to coat the back of a spoon (about a minute). You can add more cheese if you like it a bit gooey, but remember the salmon is really the star of the dish.

Add in the teaspoon of fresh lemon juice to give it a bit of freshness and brighten the dish.

Add the salmon, drained pasta ,and remaining ½ cup of cream to the sauce. Gently toss over low heat for about 1 minute, until all the pasta is coated.

Garnish your plated dish with a few reserved pieces of smoked salmon.

## Elizabeth Peratrovich

By *Rachelle LaRue*

Fellow Arctic Dragons,  
I probably know what  
you're thinking:

*"Who is Elizabeth  
Peratrovich?"*

*"How come I have  
never heard of her?"*

*"How does she have  
her own holiday?"*

Yes, she is a real person  
and I have met her extended  
family. Yes, there is a  
movie about her. And yes,  
I am here to answer your

See PERATROVICH page 9



## TAKE THE JOURNEY

Sophia, the Mat-Su College Arctic Dragon, is dedicated to the well-being of Mat-Su College students, staff, and faculty. In this passport, you will find a number of Dragon-approved events and activities specifically designed to help you cope with stress, rise to challenges, and take good care of yourself along the way. If you are preparing for a health-related career, many of these events will round out your academic preparation for working with clients or patients in the future.

So travel along with Sophia to the four destinations for well-being:

Awareness of good mental health for yourself and others

Balance between school, work, family, and self-care

Connection to campus, community, friends, and family

Off the Beaten Path, expanding your horizons by trying something new

Mat-Su College Journey activities and behavioral care services for students are supported by a Healthy Impact Grant from the Mat-Su Health Foundation.

Check the Journey website weekly for full activity descriptions and updates. All events are free.

Passports will be available in Academic Affairs, Student Services, around campus, and at events. Good luck on your journey and best wishes for a happy and healthy semester!

Start Your Journey!

It's easy to win: attend events, collect stamps, and then drop by the Academic Affairs Office with your passport after reaching each level for your next prize!

Limit one Passport per person.

Remember, when you attend a Dragon-approved event, make sure you get your passport stamped. Passports will not be stamped retroactively: You must collect your stamp at the event.

## MARCH EVENTS

## Movie "Sylvia"

March 4, 4-6:45pm FSM 204

We will be exploring depression and anxiety. The movie follows the life of Sylvia Plath, a renowned poet, who sinks into depression and suicidal behavior. Discussion on depression and treatment will follow the film. This is part of the women's studies course.

## Tai Chi

March 4, 12-12:50pm, Glenn Massay Theater Lobby

Join Jenn Bartolomew for 'meditation in motion'. Tai Chi is a non-competitive martial art known for both its defense techniques and health benefits. The regular practice of Tai Chi can strengthen muscles, improve balance, and reduce stress.

## Back country Safety Spring Edition

March 5, 12-2pm, FSM 204/206

Learn to plan, prepare, travel and camp in Alaska's back country with instructors from the Alaska Avalanche Information Center who have dedicate their lives to wilderness exploring and sharing lessons learned!

## Tai Chi

March 4, 12-12:50pm, Glenn Massay Theater Lobby

Join Jenn Bartolomew for 'meditation in motion'. Tai Chi is a non-competitive martial art known for both its defense techniques and health benefits. The regular practice of Tai Chi can strengthen muscles, improve balance, and reduce stress.

## Anxiety and Depression Panel

March 6, 6-7:30pm, SNOD 119

Depression and anxiety are the most common mental health diagnosis. What are they? How do they impact people's lives? What are recommended forms of treatment? What are ways we can support loved ones who are diagnosed?

## Introduction to Yoga

March 8, 12-12:50pm, Glenn Massay Theater Lobby

Join Ailis Vann for introductory yoga sessions to help you become familiar with a few basic yoga poses, plus breathing, relaxation, and concentration techniques. Please wear comfortable clothes, bring a water bottle, and have an open mind to try something new. Your body and mind will thank you! Yoga mats will be provided.

## Equinox Film Festival

27 March, 5-10pm, JKB 108

A celebration of films by and about women! Note: There is an admission fee.

## Let's Talk: Transforming Unconscious Bias

March 21, 12-12:50pm, JKB 128

Libby Roderick will be here to explore what implicit bias look like and how we can take steps towards a more equitable future for all.

## Fridays Rape Aggression Defense (RAD) Certification Course

March 22 and 29, and April 5

Attendance at ALL THREE sessions is required.

9am-1pm, FSM 202/204

The Rape Aggression Defense System is a program of realistic self-defense tactics and techniques for women. The RAD system is a comprehensive, women-only course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on to the basics of hands-on defense training. Sign-ups are required, and attendance at ALL THREE sessions (12 hours) is required.

## Let's Talk: Historical Trauma with Meda DeWitt

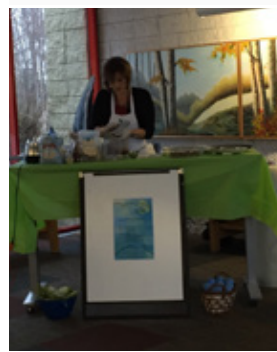
March 26, 12-12:50pm, FSM 204

A frank discussion on the effects of colonization on Alaska Native peoples.

## CHOCOLATE!

One of the most popular Journey events of the semester was Winona Benson's "All Things (Dark) Chocolate." Students packed the

Atrium to watch Winona and her food processor prepare a number of raw, chocolate-based snacks. That was great. Even better were the free samples.



## The Northrim Bank Lecture Series Presents:

## Ralph Townsend, Ph.D. "Demographic Challenges in Alaska's Economic Future"

On February 12 the Glenn Massay Theater hosted Dr. Ralph Townsend, who lectured on "Demographic Challenges in Alaska's Economic Future." Townsend is the director of UAA's Institute of Social and Economic Research. Prior to the lecture, Northrim Bank CEO Joe Schierhorn presented Mat-Su

College director Talis Colberg with a check for \$5,000. This was the fifth consecutive spring lecture sponsored by Northrim Bank. The event was live-streamed on Facebook (a first); recordings can be found on the Mat-Su College facebook page, <https://www.facebook.com/MSCDragons/>



Ralph Townsend Ph.D.

Be sure to keep an eye out as there will be posters hung a week prior to an event on the bulletin boards around campus to give you a heads up on what is coming up next. Should you find yourself having some moments to peruse the halls between classes, take a gander and see what's going on!

Remember, there are incentives you can collect from getting stamps for attending these events as well. For a list of what those incentives are and how many stamps are required to receive each incentive, take a peek at one of the first pages in your passport titled "Collecting Incentives!".

As always, we understand that sometimes school, and really life overall, can be challenging to navigate. If you ever feel like you are losing your way, remember that you don't have to go it alone. We want to help! That being said, Mat-Su College students are able to receive up to 5 FREE counseling appointments with an experienced behavioral health counselor. Check out the back cover of your Journey Passport for a number to call to set up an appointment, as well as see other resources available to you. You are never alone in this journey!

Bring your Passport to JKB 133 when you have collected:

3-stamps: A choice of Frisbee, pedometer, or USB charger(while supplies last)

5 stamps: Get a \$10 MSC J & J Café gift card

6 stamps: Get a \$20 MSC Bookstore Gift Card

7-10 stamps: Enter a drawing to win Journey spirit-wear or a \$50 Campus Cache gift card.

### **DISTANCE WRITING TUTOR.**

Students can schedule for in-person and phone tutorials by calling **907-474-5314**. The telephone service is available evenings Monday thru Thursday and on Sunday afternoons. For these appointments, after procuring a slot, students may e-mail their work to [uaf-writing-center@alaska.edu](mailto:uaf-writing-center@alaska.edu) at least one hour before the appointment, and the tutor will call at the appointed time. For more information visit <http://www.uaf.edu/English/writing-center/>.

#### **FALL & SPRING HOURS**

Mon.-Thur. 10:00 a.m.- 4:00 p.m.  
7:00 p.m.-10:00 p.m.  
Friday 10:00 a.m.- 1:00 p.m.  
Sunday 1:00 p.m.- 6:00 p.m.

#### **SUMMER HOURS**

Mon.-Thur. 10:00 a.m. - 7:00 p.m.  
Fridays 10:00 a.m. - 2:00 p.m.



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OLB 214

### **HAVE SOME QUESTIONS? TRY ONE OF MAT-SU COLLEGE'S LEARNING SERVICES.**

#### **Elizabeth J Fallon Learning Center**

OLB 121 — 745-9772

<https://matsu.alaska.edu/offices/learning-resource-center/index.cshtml>

#### **MSC Learning Resource Center**

JKB 107 — 745-9713

#### **WRITING TUTORS**

Monday: 9:00 - 5:00  
Tuesday: 9:00 - 3:00  
Thursday: 9:00 - 1:00

#### **MATH TUTORS**

Monday: 9:00 - 3:00  
Tuesday & Thursday: 9:00 - 3:30  
Wednesday: 8:30 - 2:00  
Thursday: 10:00- 3:00

#### **ASL TUTORS**

Wednesdays: 2:00 - 4:00

#### **JAPANESE TUTORS**

Monday & Wednesday: 5:00 - 7:00 by appt.

**Tutors available in JKB 107 from January 28 to May 1. Tutoring is reserved for students enrolled in Mat-Su College courses.**

### **Online tutoring options**

- **tutor.com/Live Home Work Help:** the Alaska State Library provides the Live Homework Help service to all Alaska residents. Free, online tutors are available from 12 PM to 2 AM to help in a multitude of subjects. Visit <http://lam.alaska.gov/sled/homework> to get started.
- **Khan Academy:** Khan Academy has free explanatory videos on math, science, economics, history, and more. <http://www.khanacademy.org/>
- **Purdue OWL:** Purdue's Online Writing lab has sample papers and handy guides to APA and MLA citation styles. <https://owl.english.purdue.edu/owl/>

Additional Help available in  
the Learning Center:

- Rosetta Stone language software
- Computer stations
- Textbooks, videos and other resources

## **Microsoft Office, for Free**

*By Art Corvelay*

As a student affiliated with a UAA campus, you have free access to Microsoft's Office 365 website.

Office 365 offers browser-based versions of some the popular Office programs: Word, Excel, and PowerPoint. These lack a few features found in their desktop counterparts, but make up for that by saving your files to "the cloud" and by allowing multiple users to simultaneously edit the same document.

Better still, Office 365 users have the option to install the full 2016 versions of Word, Excel, and PowerPoint. Simply sign into Office 365 and click the "Install Now" button.

You can access Office 365 by visiting <https://portal.office.com> and signing in with your UA username followed by @alaska.edu.

Students who want a free, no-strings-attached office suite that will be available long past their graduation should look at LibreOffice (<https://www.libreoffice.org/>).



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# Sharpe’s Guide to Underrated Romance Movies

By Michelle Sharpe

*Valentine’s Day might be over, but that doesn’t mean that the rest of the year has to lack romance. If you are looking for a movie or two to cozy up with your significant other, look no further. Here are a few movie recommendations from a helplessly romantic, perpetually single person.*

**Thirst** (Rated-R): This 2009 Wook-chan Park vampire movie is about as dark of a romantic movie as you can get. However, if you are sick of the one-dimensional heroines usually associated with horror or romance movies, look no further. This film has everything: forbidden romance, a depressed anti-hero who is constantly torn between his beliefs and the fact that he’s a vampire, and lots of twists and turns. Definitely check this out if you are suffering from vampire fatigue and want something different.

**Stardust** (Rated-PG-13): Based on a Neil Gaiman novel, this

story follows a young man named Tristan and his quest to bring a star to the woman he loves. The only catch is that the star turns out to be Claire Danes and the two are forced to go on a series of misadventures like dodging a witch (played by Michelle Pfeiffer) as well as a bloodthirsty pirate named Shakespeare (played by Robert De Niro). This movie is whimsical and adorable, but has some dark spots. It is perfect for movie night.

**About Time** (Rated-R): Don’t you ever wish that there were more romantic time traveling movies (other than Time Traveler’s Wife, because that movie was awful). I highly recommend you watch this movie. A young lawyer finds out that he has the ability to travel through time and uses his gift to find the girl of his dreams. This is a feel-good movie that makes the watcher remember to never take a single day for granted and to cherish the ones you love. As someone who does not really like romantic-com-

edies, this is my favorite. Just watch it, it’s great.

**Blast from the Past** (Rated-PG-13): In this late-90’s Romantic Comedy, Brendan Fraser plays a young-ish man who grows up in a bomb shelter believing that the world is a radioactive wasteland inhabited by mutants. His parents (played by Christopher Walken and Sissy Spacek) convince him to go find a nice non-mutant girl and to bring her back down to the safety of the shelter. This man who never knew of life or culture beyond the 60’s is unleashed on a late 90’s Los Angeles and shenanigans ensue.

**Austenland** (Rated-PG-13): Do you like Jane Austen? If you ever wished that you could go to a Disneyland place dedicated only to literature nerds, look no further. This is the ultimate wish fulfillment romantic comedy.

**Thelma** (Rated-R): This 2017 Norwegian film tells the story of Thelma who suffers from sei-

zures that seem to trigger bad things around her. Where does the romance angle come in, you may ask? Thelma’s seizures seem to occur when a beautiful girl is around. This is a great romance story for people who like horror, a conflicted anti-hero, and LGBT movies where the couple ends up together at the end.

**The Big Sick** (Rated-R): This Amazon produced movie is based on the real life love story between Kumail Nanjiani and his wife Emily. Kumail plays himself and he also wrote the screenplay with his wife. This movie is funny, touching, and will tug your heart-strings, but most importantly it shows that true love really does exist. If you make it through this movie without crying, you are a stronger person than I.

Have you watched a good movie recently? What is your go-to date night movie? Send your suggestions into the Mat-Su Monitor and tell us about your favorites!

Peratrovich continued from page 6

questions and tell you her tale: Elizabeth Peratrovich (maiden name: Wanamaker) was a Tlingit woman of Southeast Alaska. She attended Sheldon Jackson College in Sitka, and then furthered her education at the Western College of Education in Bellingham, Washington in 1931. While there, she met and later married Roy Peratrovich, also Tlingit, from Southeast Alaska. After college, they moved to the village of Klawock where they had three children. They later decided to move to Juneau, Alaska in 1941. There, they thought there would be advantages of residing in a larger city, such as nice homes, and conveniences that a village would not have, plus a public-school system that was offered to all children – regardless of their race. However, they were wrong. They found that native people were not very welcome in the city of Juneau. They found signs saying, “No Natives Allowed,” “We cater to white trade only,” “No Dogs, No Natives,” or “Meals at all hours-All white help” on several businesses that were in Juneau. Also, they discovered Natives could only buy homes in certain parts of town and could only attend Indian Schools.

They found it disheartening that the segregation was so prominent everywhere they went. Given that Roy was the Grand President of the Alaska Native Brotherhood (ANB) and Elizabeth was the Grand President of the Alaska Native Sisterhood (ANS), they decided to take action to outlaw discrimination against the Alaskan Natives altogether.

Both Elizabeth and Roy spared their time to travel around educating, convincing, taking note of the slightest example of discrimination, and starting up new ANB and ANS camps to support their anti-discrimination movement. Elizabeth had even gotten five young ladies to lobby a senator from Nome, AK who was against the anti-discrimination movement. Both the ANB and ANS Grand Camp also wrote a letter to Governor Ernest Gruening and combined the forces of Alaska needed to make an impact. They then began many productive meetings with each other. Anthony Dimond, Alaska’s Representative to the U.S. House, provided additional help by supplying sample bills from around the country and information to help frame anti-discrimination legislation. The first anti-discrimination bill was introduced in 1943 and did not pass the House; it was a big loss to everyone, yet that made

everyone work harder and more determinedly for the next two years on getting that bill passed. Native people and non-native people alike joined together to make discrimination an illegal

that I, who am barely out of savagery, would have to remind gentlemen with five thousand years of recorded civilization behind them of our Bill of Rights. When my husband and



Signing the Anti-Discrimination Act, February 16th 1945  
[www.nim.nih.gov](http://www.nim.nih.gov)

practice in Alaska.

After another two years of researching and lobbying, the bill was reintroduced. This time, it passed the House with little debate, however, when it reached the Senate it was the subject of intense controversy. A two-hour discussion turned into a heated debate. As the Senate floor opened to the public, Elizabeth rose from her chair, went to the podium with quiet grace and said:

*“I would not have expected*

*I came to Juneau and sought a home in a nice neighborhood where our children could play happily with our neighbors’ children, we found such a house and had arranged to lease it. When the owners learned that we were Indians, they said ‘no.’ Would we be compelled to live in the slums?”*

She illuminated for those who needed it a worded picture of discrimination against the native peoples of Alaska. At this point, Senator Shattuck spoke up and asked if she

thought the proposed bill would eliminate discrimination. Her swift response was:

*“Have you eliminated larceny or murder by passing a law against it? No law will eliminate crimes but at least you, as legislators, can assert to the world that you recognize the evil of the present situation and speak your intent to help us overcome discrimination.”*

Elizabeth’s powerful words were recognized and could not have been more effective. The senate passed the bill 11 to 5 on February 8, 1945.

Growing up in Southeast Alaska, her name, story, and words are well known. My hope is that someday she will be talked about with the same admiration as people do with Dr. Martin Luther King Jr. She has the title of a Civil Rights Leader, after all, and I, among others, celebrate her achievement that changed Alaska forever. To commemorate her achievements, in 1988 the Alaska Legislature established February 16th as “The Annual Elizabeth Peratrovich Day,” which is the anniversary of the signing of the Anti-Discrimination Act.

Ask  
Sophia



Welcome to Ask Sophia, the Mat-Su Monitor’s regular advice column. If you have a question you’d like to see answered, e-mail it to <http://tinyurl.com/sophiaquestion> or submit it in the Ask Sophia box in the cafeteria.

**Dear Sophia,** I have used the bathroom in here and from time to time someone has stuffed the toilets with paper (making me hurry to find the next bathroom). Is there something that could be done about it? Who should I call?

**Dear Friend,** Picture this: using your uncanny instincts, you somehow sense that the culprit is near the restroom. You sneak into the bathroom with a pre-made sign that says “out of order,” you stick it on one stall, shut the door, lock it, sit on the toilet seat, and pull your feet up. Listening carefully, you wait for others to come in and use the facilities. You hold your breath while they’re in there so they don’t know there’s anyone else in the bathroom. Pay special attention so you don’t fall off the toilet while holding your breath; that would be embarrassing.

You hear the person in the other stall start stuffing toilet paper into the toilet. As soon as they emerge from the stall, you burst out, dramatically point a finger at them, and proclaim, “I knew it was you!!!” You are a hero! People cheer when you walk through the halls. I already know that you imagine this in your head.

I would say in all seriousness though, that it is a problem which has been noted by many individuals, including the custodians, who work hard to keep our toilets unclogged and our bathrooms

cleaned. Short of stationing someone on top of a toilet in an “out of order” stall, there isn’t much we can do to discover the culprit. I would say report it to Student Services or some other responsible party so they can contact maintenance and take care of it before other students or faculty have to deal with it too. You could also write a nice thank-you note to the custodians because they’re the ones who have to take care of it.

**Dear Sophia,** How much wood would a woodchuck chuck if a woodchuck could chuck wood?

**Dear Friend,** Did you have as much fun writing this question as you do saying it? In fact, it’s all useless because woodchucks--also known as groundhogs--generally don’t even chuck wood at all. But to delve deep into this hypothetical question, you would need a bit more information. A woodchuck would chuck different amounts of wood depending on many variables, such as the size of the woodchuck, the type of wood, the speed at which the individual woodchuck chucks wood, and the amount of time the woodchuck spends chucking wood.

So I’ll leave you with one question: Can you can a canned can into an un-canned can like a canner can can a canned can into an un-canned can?

SUDOKU

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Travel Destinations

It’s almost time for Spring Break, which means it’s time to think about where to go on vacation... next year... or the next... or whenever it is that you’re no longer a broke college student. But don’t lose sight of the light at the end of the tunnel! Someday you, too, can be a world traveler!

Here is a list of some potential vacation sites, some more well-known than others. I’ve only been to three of them myself--Iceland, the Lofoten Islands, and Tallinn (definitely visit all three)--but I hear the rest are highly recommended as well (example: Pinterest says that Nuremberg is a “fairy tale town,” and Pinterest is, like, the expert when it comes to travel ideas, right?).

- Amsterdam
- Bora Bora
- Cape Verde
- Costa Rica
- Edinburgh
- Iceland
- Khao Lak
- Kyoto
- Lisbon
- Lofoten
- Maldives
- Morocco
- Nuremberg
- Oaxaca City
- Paris
- Rio de Janeiro
- Santorini
- Swiss Alps
- Sydney
- Tallinn

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Readers’ continued from page 10

**Last issue’s READER INVOLVEMENT REQUIRED.**

Last issue we asked for your most interesting experiences from driving to and from Anchorage and boy, did we get a few jewels!

I made the mistake of asking my friend what

his favorite color was and he proceeded to discuss whether or not his favorite color was blue the whole way home. For 40 minutes...

We were stuck in traffic and I saw a group of people—including the dad of a friend of mine—running around on the side of the road dressed as reindeer!

There was pretty bad traffic due to a car accident and there was an old lady in a tiny car in front of us. Every time traffic moved forward a few feet she would swerve waaay to the right to try to see what was going on 3 miles up the road. We have referred to her fondly as “Nosy Parker” ever since.

Folk Music continued from page 1

*Art Thou?* All are excellent performers, but for me it was Alaska's own Shoot Dangs that stole the show.

Playing at the seasonal restaurant La Potato in Anchorage's Spenard district, this was not your grandfather's folk music. Playing to a standing room only crowd, this was a joy to the senses. Taking traditional folk instruments from across cultures, such as standup bass,

ukulele, and accordion, they spun songs that are the face of new folk.

It reminded that folk is an ever-changing reflection of the times we are living in. No longer are the days of Arlo Guthrie, preaching the days of shared land to soft tones. Those aren't our times anymore. While wonderful to look back on as a simpler time, they don't represent the feeling of today. "Death's Coming and still I'm running" sings ukulele player/

singer Johnny Lungs. The spirit of folk is to express what the average person is dealing with at any given glimpse of history/ social barometer.

With everything from global warming to crazy orange Presidents, and everything in between, that line seems to sum up the attitude students are dealing with. Here we all are, with more on our shoulders, but still chugging along. Bob Dylan famously said "Times, they are a changing," and they sure did.

Disney continued from page 4

to click the link that they send you, but once the WBI is started, you have to finish it and they give you 40 minutes to do so. This is basically a personality test, to see if you could be a good fit for the company. Many of the questions range from "I do not like working with other people" and "I am never late," to which you must click choices between "Strongly Disagree" to "Strongly Agree". Once this section of the interview process has been completed, you will either be rejected or invited to participate in the last part: The Phone Interview.



Heather Deadmond dressed up for the day

The Phone Interview portion is arguably the most nerve-wracking. It is exactly as the name implies: You interview with one of the DCP recruitment team, and answer questions pertaining to your work experience, your personality, and hypothetical questions that relate to what a Cast Member would do in certain situations. One of the most popular examples is "What would you do if a child was too short to ride your attraction?" What would you do? I can tell you what I would do, but that would be giving away the answer!

Finally, once you've finished your interview, all there is left to do is wait. And wait. And wait. You may be waiting between 2 weeks and 4 months, depending on

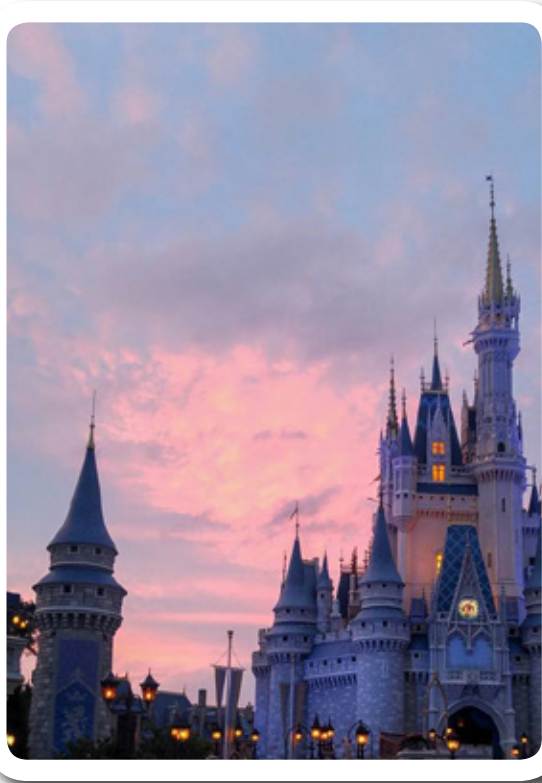
when your interview was and what the final decision will be. You'll be checking your dashboard every day, checking your email, and waiting for the magical Acceptance email, or the dreaded NLIC (No Longer In Consideration) email. Acceptance or Rejection. Those are the only outcomes.

Fortunately, on April 11th 2017, I was accepted to the Disney College Program! It was the very last day that acceptances/ rejections were going out, and I made it to the last acceptance wave. I canceled all of my classes for that following semester, bought some plane tickets, and found some roommates. Between the day I was accepted and my arrival date (June 4th, 2017), I had 50 days to get ready for a semester in Florida! 50 days sounds like a while, but they went by so fast!

And so, I packed up my three suitcases and headed out on one of the best adventures of my life.

I lived in one of the four Disney-sponsored housing complexes near Disney Springs (Disney's shopping district), and I had 5 roommates to make a complete apartment number of 6 in a suite. We had three bedrooms, with two beds and one bathroom in each bedroom, with a common area in-between. My "role" fell under what's called Quick Service Food and Beverage, which is basically working any of the restaurants that are not sit-down. My specific role was Outdoor Vending (or ODV) in Magic Kingdom park. A normal day for me involved finding out which "land" of the Magic Kingdom I would

be working that day, and making sure I had the correct costume. If you have never been to Magic Kingdom (or Disneyland in California), the basic layout of the main park is that of a "hub and spoke". There is the grand Cinderella Castle in the center, with 6 "lands" surrounding: Main Street U.S.A., Adventureland, Frontierland, Liberty Square, Fantasyland, and



The Disney castle at sunset.

Tomorrowland. Cast Members that work in a specific land cannot cross other theme lands; this is an official Disney rule that goes back to the early days of the company. It preserves the "magic", or immersion, of each area. Once I knew which costume I had, I was assigned a cart to work at for a few hours. I sold popcorn, Mickey Bars, bottled drinks, and other snacks, and would rotate to different carts around the same land every few hours.

My normal shift tended to be around 6 to 12 hours, depending on staffing and how long the park was open that day. Then, I would take the Disney-provided bus back to my Disney-sponsored housing, and get up and do it again the next day. I typically had anywhere between 35 to 60

hours a week, depending on (again) staffing and park hours. The busiest times were definitely Independence Day and the Christmas season.

It's easy to speak of the basics of my experience on the DCP, but it's another thing entirely to unpack all of the fantastic memories that I made there. I have friends now from all around the world, and even more from many places around the United States. I never thought that one person could meet so many people in their life! I still speak to many of these friends, and they have become a part of my everyday life, even after we have gone our separate ways from Disney. Most days at Disney were full of fun and magic, and though there were some bad days and difficult guests, it was the best time of my life! Many people may not think that cleaning out a popcorn machine covered in vinegar and popcorn oil would be much fun, but if you get to watch the fireworks every night while you're doing it...It's pretty magical.

Speaking of magic, one of the best things about my role was being able to create "magical moments" for guests. This basically entailed choosing a very special guest, and making their day all the more magical in whatever way you could. I am a sucker for that moment when a guest's face lights up with the unexpected joy that you bring to them. After a while, it became second nature to find small ways in which to bring extra joy to people's lives, and I carry that training with me into my every day.

I've been home from Disney for a little over a year now, and I miss the magic every day! It took me this long to begin to write about my experience, because there was just so much that I couldn't put in to words. I have so many more stories, none of which can fit in this article, but it is safe to say

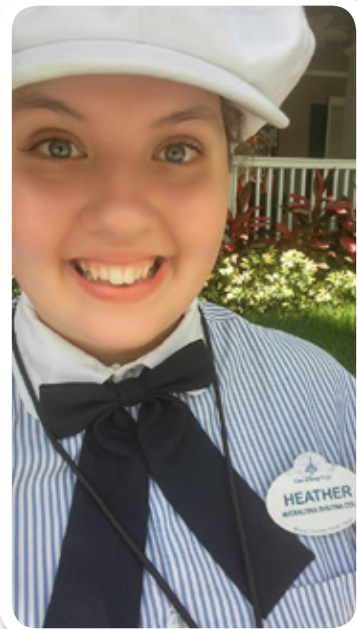
that doing the Disney College Program was one of the best experiences I have ever had. I memorized every word to the parades and shows, met all of my favorite characters every day that I had a day off, and saw and did things I never thought I would ever be able to. The DCP improved me as an employee, as an artist, and as a person. It was definitely worth the wait, and not a day goes by without one of my friends or family hearing me say, "This one time at Disney..."

As I write this, I recently received my acceptance letter for my next College Program in the Fall of 2019. If you're down in Florida, feel free to come say hello!

If you would like to explore all the DCP has to offer for yourself, you can find the application and all the information at <https://jobs.disneycareers.com/disney-college-program>. I also recommend searching the Program on YouTube, as vlogging the application experience is a "thing" in the community, and you'll find lots of helpful tips and tricks there as well.

If you do choose to apply, I wish you all the pixie dust in the world on your new adventure! It is an experience that you'll never forget!

"It's kind of fun to do the impossible." -Walt Disney



Heather Deadmond showing off her badge.

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## UPCOMING DATES TO REMEMBER.

**APRIL 1 - PRIORITY FALL REGISTRATION**  
**MAY 20 SUMMER SEMESTER BEGINS**  
**AUGUST 26 - FALL SEMESTER BEGINS**



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